



H. W. FLESHER HOUSING CO-OP

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HW Flesher COVID-19 Update - February 2021

Dear Members:

2020 was a challenging year for the world and although 2021 brings new hope, we must remain diligent when it comes to controlling the spread of Covid19. The Covid19 Pandemic has, in many ways, altered the way we live. This has been an extraordinary worldwide collective experience. The Members of HWF have exemplified what it means to be an empathetic, safe, and resilient community. Members of HWF continue to stand in solidarity together at a time when we must physically remain apart. As Dr. Bonnie Henry has reminded us, “this is not forever. It is for now”. Below are some helpful links to keep yourself informed with the latest Covid19 information.

The Co-op has implemented the following protocols:

- All Board, GM and Committee meetings are currently being held virtually, via Zoom.
- All contractors are required to follow Provincial Health Orders and guidelines for employee screening, and wearing masks while indoors and/or within 2m of others.
- Laundry room protocol notices have been posted, requesting members to limit occupancy to two people, wear masks, and help to clean surfaces.
- The Hall is closed to gatherings.

Please remember to:

- Wash your hands regularly and for at least 20 seconds.
- Limit social interactions with only those in your household.
- Keep two meters apart.
- Wear a mask in all indoor spaces shared with people outside your household, and outside when you cannot appropriately distance.

Thank you to everyone for helping to keep our community safe!

From The Board of Directors

More Information and resources can be found below.

British Columbia Covid19 Self-Assessment Tool

<https://bc.thrive.health/covid19/en>

British Columbia Province Wide Restrictions and Orders

<https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/restrictions>

British Columbia Centre for Disease Control

Covid19 Information Page - <https://bc.thrive.health/covid19/en>

British Columbia Covid19 Immunization Plan and Vaccine Information:

Government of BC - <https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/vaccines>

Government of Canada – Pfizer Vaccine Info - <https://www.canada.ca/en/health-canada/services/drugs-health-products/covid19-industry/drugs-vaccines-treatments/vaccines/pfizer-biontech.html>

Government of Canada – Moderna Vaccine Info - <https://www.canada.ca/en/health-canada/services/drugs-health-products/covid19-industry/drugs-vaccines-treatments/vaccines/moderna.html>

Financial Supports:

Employment Insurance – <https://www.canada.ca/en/services/benefits/ei.html>

BC Covid19 Recovery Benefit - <https://www2.gov.bc.ca/gov/content/economic-recovery/recovery-benefit>

Mental Health Supports:

Government of BC - <https://www2.gov.bc.ca/gov/content/health/managing-your-health/mental-health-substance-use/virtual-supports-covid-19>

Vancouver General Hospital – Mental Health Access and Assessment Centre

<https://vch.eduhealth.ca/PDFs/CD/CD.140.V44.pdf>

Options Crisis Line – 24/7

<https://www.options.bc.ca/program/fraser-health-crisis-line>

Stop the spread of COVID-19

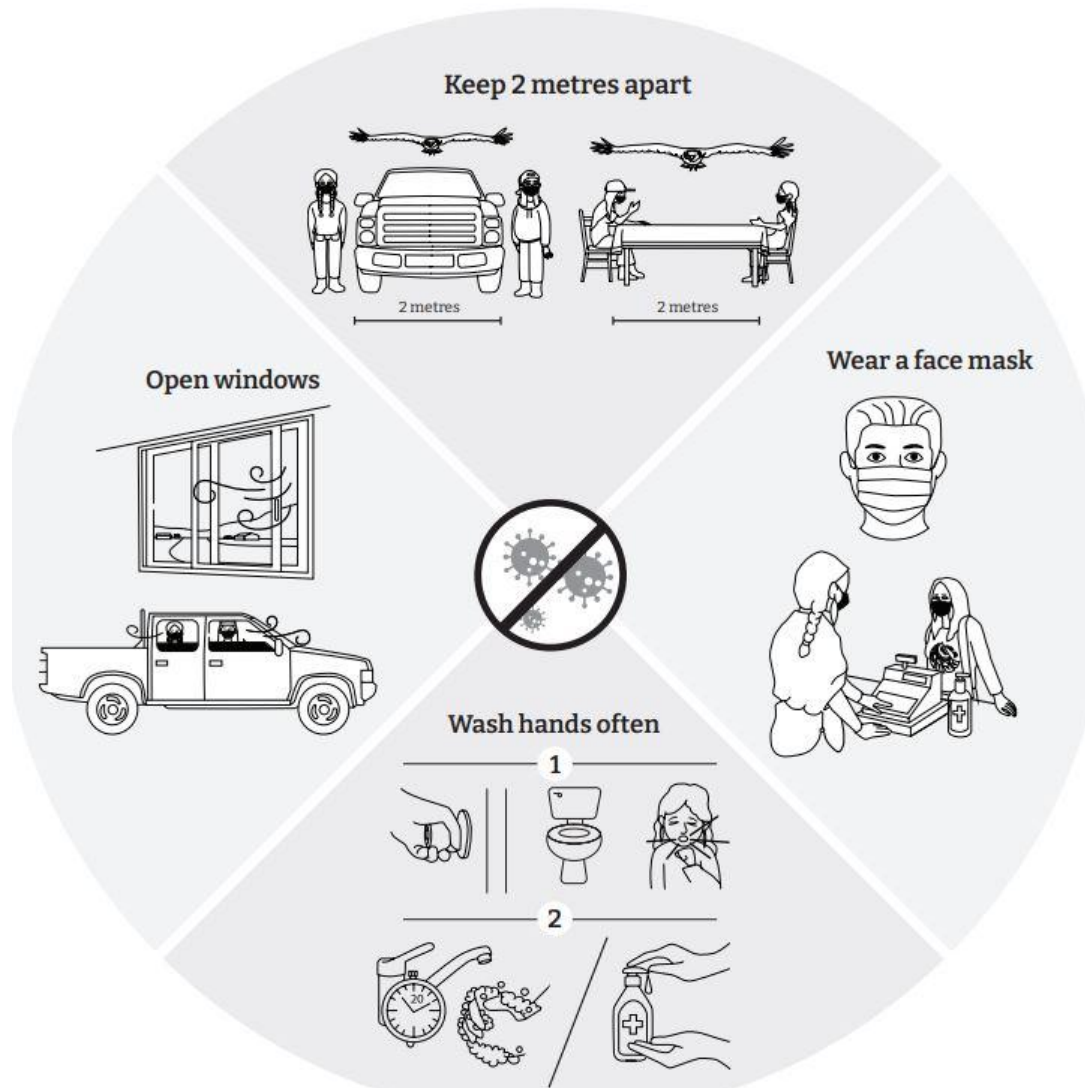


Image retrieved on January 23, 2021 from <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/prevention-risks/hand-washing>